



Cross Management

CONSULTING SERVICES, INC.

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January 5, 2009

Southern Ohio Public Schools Health Insurance
Purchasing Consortium
Wellness Committee Members

**RE: SOUTHERN OHIO PUBLIC SCHOOLS HEALTH CARE INSURANCE
PURCHASING CONSORTIUM – WELLNESS ADVISORY COMMITTEE
MEETING DATE AND TIME**

Dear Committee Members:

Now that everyone is recovering from a great holiday season and has lots of New Year's resolutions to contemplate, it is time to remind everyone of our January Wellness Committee Meeting. We will be meeting in the same room at the Dawson-Bryant Local School District at 4:00 p.m. on January 22, 2009. As announced in the November Committee meeting, we have obtained a speaker Dr. Kelly Williams, to discuss healthy eating and menus for our Committee.

The Board passed the resolution at its December 11, 2008 Board Meeting to take part in the United Health Care "Simply Engaged" program that we discussed and passed out at our November Committee Meeting. Our insurance Broker Brown-Raybourn is in contact with UHC to get the program up and running by the 1st of April. Once more we encourage everyone to continue to discuss wellness initiatives with your fellow workers, and we can all look forward to a healthy 2009. If for any reason you cannot attend the January 22, 2009 meeting, please send an alternate from your school.

Hope to see you on the 22nd!

Respectfully,

Robert W. Cross, President

Cross Management Consulting Services, Inc.

C: Don Dalton, OEA
Karen Bailey, OAPSE
Lynda Bolin, OAPSE
Tom Ben, President SOPSHCIPC